



# About Annual Well Woman Exams

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## Important Information for our Patients Regarding Annual Well Woman Exams

The purpose of this handout is to inform and educate our patients about the current practices for reporting medical services as dictated by Federal Law and your Insurance Carrier. The billing of Preventative and Screening Services can be complicated and confusing generating many questions from our patients. With the new health care laws regarding coverage for preventative screenings, we feel it is important to inform you of our practices and the difference between a “preventative screening” and a “problem visit” to ensure you are pleased with the services we provide and we meet your expectations.

An annual well woman exam is a routine “preventative screening” examination of a female who is, in general, not having any current health issues. These routine visits are scheduled separately from a visit to address specific problem health issues (a “problem visit”).

The Annual Well Women Exam for our clinic will include:

- Measure height, record weight and blood pressure
- Update personal and family medical history
- Update surgical history
- Update current medications and medication history
- Update allergies
- Update reproductive history
- Update social history
- Physical Exam:
  - Appearance (face, eyes, neck, skin)
  - Breast
  - Abdomen
  - Vagina, urethra, cervix, uterus, ovaries and lymph nodes
- General discussion regarding findings during exam and general counseling about health & wellbeing
- Pap smear (if needed)
- HPV testing (if applicable)
- Ordering of routine testing such as bone density study (if needed)
- Refill of maintenance medications pertinent to gynecological care and/or change in medications or dosages

In addition, discussions about problems and conditions you are being treated for that are under control are considered an integral part of the Well Woman exam and cannot be billed as a “problem appointment” under Federal Compliance Rules.

If a separate problem is identified (i.e., one you are not currently being treated for), addressed or treated during the course of the Annual Exam, we are required to submit your claim based on the documentation in the medical record of the service provided to you. This may result in a second office visit charge and /or second co-pay.

If at the time of scheduling your Well Woman Exam, you are aware of problems you wish to discuss, we recommend scheduling a separate “problem appointment”. If you are scheduled for your Well Woman Exam today and are aware of problems you would like to discuss, please inform the nurse and your appointment may be converted to a “problem appointment” due to time restraints and to avoid additional cost to you. Your Well Woman Exam can be rescheduled for a later date if you like.

You, as the insured, will be responsible for payment, as dictated by your insurance plan, of all co-payments and deductibles at the time of service. Again, if an additional problem is treated or addressed during your Well Woman Exam, there may be an additional charge that you will be responsible for. If you have any questions, we will be happy to answer them for you.

We thank you for the trust you’ve placed in Seasons for Women for the provision of our health care.



A member of the  
HMG Family of Care.

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Patient Signature

\_\_\_\_\_  
Date